

2025-2026

EMPLOYEE BENEFITS GUIDE

Lumberton Board of Education offers you and your eligible family members a comprehensive and valuable benefits program. This guide has been developed to assist you in learning about your benefit options and how to enroll.

We encourage you to take the time to educate yourself about your options and choose the best coverage for you and your family.





Ouestions?

If you have questions about your benefits, please contact the Conner Strong & Buckelew Benefits Member Advocacy Center at **800.563.9929** (Monday through Friday, 8:30 am to 5 pm ET) or go to **www.connerstrong.com/memberadvocacy** and complete the fields.

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DEPENDENT ELIGIBILITY INFORMATION



Eligible Dependents

- Opposite or same sex to whom you are legally married.
- Person of the same sex with whom you have entered into a civil union. Requires documentation.
- Person of the same sex with whom you have entered into a domestic partnership under Chapter 246.
- Subscribers Children until age 26 for medical and prescription coverage - regardless of marital, student, or financial dependency status. Even if they no longer live with the parents. Includes step children, foster child.
- For dental coverage, dependents are covered up to age 19, and up to age 23 if a full-time student at an accredited school, college, or university. Includes step children, foster child.
- To continue benefits as a Full-Time Student, you must submit transcripts showing at least 12 credits to your Business Office every semester.
- Legally adopted or any child in a guardianship relationship.
- A covered child not capable of self support when he or she reaches age 26 due to mental illness or incapacity, or a physical disability. Coverage for children with disabilities may continue only while the child is unmarried or does not enter into a civil union or domestic partnership, and the child remains substantially dependent on you for support and maintenance. You may be contacted periodically to verify that the child remains eligible for coverage.

NJ Dependent Under 31 Coverage

Certain young adults over age 26 may be eligible for continued coverage until age 31 under the NJ Dependent Under 31 for medical and prescription benefits. In order to be eligible for the coverage, the young adult must meet certain criteria such as:

- Under the age of 31
- Had previously maintained creditable coverage from any state
- Unmarried
- Has no children or dependents of their own
- Lives in New Jersey or, if not a New Jersey resident, is a full-time student at an accredited institution of higher education
- Not eligible for Medicare and is not actually covered under another group or individual health plan

For full eligibility details, please visit www.state.nj.us/dobi/division_consumers/du31.html or call the NJ Department's Consumer Protection Services at 609.292.7272.

Please note, the young adult would be the one billed directly for coverage. Please contact Betsy Zeng (in the Payroll & Benefits Office) for monthly premium rates and enrollment forms.



ENROLLMENT & MAKING PLAN CHANGES



How to Enroll

You must complete an enrollment or waiver form if:

- You wish to add/terminate dependents from your medical, prescription drug or dental benefits coverage.
- You are enrolling in benefits for the first time.
- Waiving benefits For members wishing to waive benefits, please complete the health benefits waiver form. If you waive benefits, you will not be eligible to enroll until the next open enrollment period unless you have a qualifying life event.

Please refer to the BenePortal site for a copy of the enrollment or waiver form. **Completed forms must be returned to Betsy Zeng (in the Payroll and Benefits Office).**



How Often Can I Change Plan Elections?

IRS Section 125 prohibits you from changing your enrollment during the plan year. Unless you have a qualified life event, you cannot make changes to the benefits you elect until the next Open Enrollment period.

Qualified life events include: marriage, divorce, death of a spouse, civil union partner or a dependent, birth or adoption of a child, termination or commencement of employment for your spouse/civil union partner, a change in employment status (full-time to part-time or part-time to full-time) for you or your spouse/civil union partner that affects benefits.

If an eligible dependent had other coverage and such coverage is lost, the eligible dependent may be eligible for enrollment during a "special enrollment period," which is usually the 60-day period following the date that other coverage was lost, due to a qualified change in status.

You must notify the Payroll and Benefits Administrator within 60 days of experiencing a qualified status change. For birth of a child or adoption, please notify the business office within 60 days.

MEDICAL PLAN OPTIONS





Through the SHIF, Lumberton Board of Education offers the following medical plan options to their staff, administered by Aetna.

- Employees hired on/after 7/1/2020 may only elect either the NJEHP or GSP for medical coverage and must be enrolled in the corresponding NJEHP or GSP prescription plan, administered by Benecard.
- All other employees may elect any district offered plan design.

NOTE: Dependents are eligible for benefits until the end of the calendar year he/she turns age 26.

None		GSP*	NJEHP	CHOICE POS II \$10	CHOICE POS II \$15
None	IN-NETWORK BENEFITS				
Individual Family	Individual	None	None	None	None
No	Individual				
Required for Specialist Visit	Member Coinsurance	, ,			. ,
PCP Office Visits		No	No	No	No
Specialist Office Visit	Preventive Services	100% Covered	100% Covered	100% Covered	100% Covered
Diagnostic Lab & X-Ray	PCP Office Visits	\$10 Copay	\$10 Copay	\$10 Copay	\$15 copay
IDU% Covered IDU%	Specialist Office Visit	\$15 Copay	\$15 Copay	\$10 Copay	\$15 copay
Outpatient Surgery 100% Covered 100% Covered 100% Covered 100% Covered Ambulance 10% Coinsurance 10% Coinsurance 10% coinsurance 10% coinsurance Emergency Room \$125 Copay \$125 Copay \$25 Copay \$50 Copay Durable Medical Equipment 10% Coinsurance 10% coinsurance 10% coinsurance Vision Exam \$15 Copay** \$15 Copay** \$10 Copay** \$10 Copay** Materials N/A N/A Refer to Aetna Vision Gold Plan OUT-OF-NETWORK BENEFITS Calendar Year Deductible \$350 \$350 \$100 \$100 Family \$700 \$700 \$250 \$250 Calendar Year Out-of-Pocket Maximum \$2,000 \$2,000 \$2,000 \$2,000 Family \$5,000 \$5,000 \$5,000 \$5,000	Diagnostic Lab & X-Ray	100% Covered	100% Covered	-	
Ambulance 10% Coinsurance 10% Coinsurance 10% coinsurance Emergency Room \$125 Copay \$125 Copay \$25 Copay \$50 Copay Durable Medical Equipment 10% Coinsurance 10% Coinsurance 10% coinsurance Vision Exam \$15 Copay** \$15 Copay** \$10 Copay** \$10 Copay** Materials N/A N/A N/A Refer to Aetna Vision Gold Plan Refer to Aetna Vision Gold Plan OUT-OF-NETWORK BENEFITS Calendar Year Deductible \$350 \$350 \$100 \$100 Individual \$700 \$700 \$250 \$250 Calendar Year Out-of-Pocket Maximum \$2,000 \$2,000 \$2,000 \$2,000 Family \$5,000 \$5,000 \$5,000 \$5,000	Inpatient Hospital	100% Covered	100% Covered	100% Covered	100% Covered
Emergency Room \$125 Copay \$125 Copay \$25 Copay \$50 Copay Durable Medical Equipment 10% Coinsurance 10% coinsurance 10% coinsurance Vision Exam \$15 Copay** \$15 Copay** \$10 Copay** \$10 Copay** Materials N/A N/A Refer to Aetna Vision Gold Plan OUT-OF-NETWORK BENEFITS Calendar Year Deductible Individual \$350 \$350 \$100 \$100 Family \$700 \$700 \$250 \$250 Calendar Year Out-of-Pocket Maximum Individual \$2,000 \$2,000 \$2,000 \$2,000 Family \$5,000 \$5,000 \$5,000 \$5,000	Outpatient Surgery	100% Covered	100% Covered	100% Covered	100% Covered
Durable Medical Equipment 10% Coinsurance 10% coinsurance 10% coinsurance Vision Exam \$15 Copay** N/A \$15 Copay** N/A \$10 Copay** Refer to Aetna Vision Gold Plan \$10 Copay** Refer to Aetna Vision Gold Plan OUT-OF-NETWORK BENEFITS Calendar Year Deductible Individual Family \$350 \$700 \$350 \$700 \$350 \$700 \$250 \$100 \$250 Calendar Year Out-of-Pocket Maximum Individual Family \$2,000 \$2,000 \$2,000 \$5,000 \$2,000 \$5,000 \$5,000 \$5,000	Ambulance	10% Coinsurance	10% Coinsurance	10% coinsurance	10% coinsurance
Vision \$15 Copay** \$15 Copay** \$10 Copay** \$10 Copay** Materials N/A N/A Refer to Aetna Vision Gold Plan Refer to Aetna Vision Gold Plan OUT-OF-NETWORK BENEFITS Calendar Year Deductible Individual \$350 \$350 \$100 \$100 Family \$700 \$700 \$250 \$250 Calendar Year Out-of-Pocket Maximum Individual \$2,000 \$2,000 \$2,000 \$2,000 Family \$5,000 \$5,000 \$5,000 \$5,000	Emergency Room	\$125 Copay	\$125 Copay	\$25 Copay	\$50 Copay
Exam \$15 Copay** Materials \$15 Copay** N/A \$15 Copay** Refer to Aetna Vision Gold Plan \$10 Copay** Refer to Aetna Vision Gold Plan OUT-OF-NETWORK BENEFITS Calendar Year Deductible Individual \$350 \$350 \$100 \$100 Family \$700 \$700 \$250 \$250 Calendar Year Out-of-Pocket Maximum Individual \$2,000 \$2,000 \$2,000 \$2,000 Family \$5,000 \$5,000 \$5,000 \$5,000	Durable Medical Equipment	10% Coinsurance	10% Coinsurance	10% coinsurance	10% coinsurance
Calendar Year Deductible Individual \$350 \$350 \$100 \$100 Family \$700 \$700 \$250 \$250 Calendar Year Out-of-Pocket Maximum Individual \$2,000 \$2,000 \$2,000 \$2,000 Family \$5,000 \$5,000 \$5,000 \$5,000	Exam		' '		
Individual \$350 \$350 \$100 \$100 Family \$700 \$700 \$250 \$250 Calendar Year Out-of-Pocket Maximum Individual \$2,000 \$2,000 \$2,000 \$2,000 \$2,000 \$5,000	OUT-OF-NETWORK BENEFITS				
Individual \$2,000 \$2,000 \$2,000 \$2,000 Family \$5,000 \$5,000 \$5,000 \$5,000	Individual	· ·	•	·	·
Coinsurance (% Plan Pays) 70%*** 80%*** 70%***	Individual				
	Coinsurance (% Plan Pays)	70%***	70%***	80%***	70%***

^{*} GSP is a network of NJ providers only. Out of state services will not be covered unless it is a true medical emergency.

The above is an overview of your medical plan option and does not contain all of the benefits or limitations that may apply to the plan. Please see the plan document from the carrier for greater detail.

^{*} Once every calendar year.

^{**} After deductible.

MEDICAL PLAN OPTIONS





Through the SHIF, Lumberton Board of Education offers the following medical plan options to their staff, administered by Aetna.

- Employees hired on/after 7/1/2020 may only elect either the NJEHP or GSP for medical coverage and must be enrolled in the corresponding NJEHP or GSP prescription plan, administered by Benecard.
- All other employees may elect any district offered plan design.

NOTE: Dependents are eligible for benefits until the end of the calendar year he/she turns age 26.

	CHOICE POS II \$15/\$25	QPOS \$10	QPOS \$20
IN-NETWORK BENEFITS			
Calendar Year Deductible Individual Family	None	None	None
Calendar Year Out-of-Pocket Maximum Individual Family	\$400 \$800	\$4,000 \$8,000	\$4,000 \$8,000
Member Coinsurance	10%	None	None
PCP Required/Referral Required for Specialist Visit	No	Yes	Yes
Preventive Services	100% Covered	100% Covered	100% Covered
PCP Office Visits	\$15 copay	\$10 copay	\$20 copay
Specialist Office Visit	\$25 copay	\$10 copay	\$20 copay
Diagnostic Lab & X-Ray	100% Covered in office, LabCorp, and Outpatient Facility	100% Covered in office, LabCorp, and Outpatient Facility	100% Covered in office, LabCorp, and Outpatient Facility
Inpatient Hospital	100% Covered	100% Covered	100% Covered
Outpatient Surgery	100% Covered	100% Covered	100% Covered
Ambulance	10% coinsurance	100% Covered	100% Covered
Emergency Room	\$75 Copay	\$35 copay	\$100 copay
Durable Medical Equipment	10% coinsurance	100% Covered	100% Covered
Vision Exam Materials	\$10 copay* Refer to Aetna Vision Gold Plan	\$10 copay* Refer to Aetna Vision Gold Plan	\$10 copay* Refer to Aetna Vision Gold Plan
OUT-OF-NETWORK BENEFITS			
Calendar Year Deductible Individual Family	\$100 \$250	\$500 \$1,000	\$500 \$1,000
Calendar Year Out-of-Pocket Maximum Individual Family	\$2,000 \$5,000	\$4,000 \$8,000	\$4,000 \$8,000
Coinsurance (% Plan Pays)	70%**	60%**	60%**

^{*} Once every calendar year.

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^{**} After deductible.

MEDICAL PLAN OPTIONS





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Through the SHIF, Lumberton Board of Education offers the following medical plan options to their staff, administered by Aetna.

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- Employees hired on/after 7/1/2020 may only elect either the NJEHP or GSP for medical coverage and must be enrolled in the corresponding NJEHP or GSP prescription plan, administered by Benecard.
- All other employees may elect any district offered plan design.

NOTE: Dependents are eligible for benefits until the end of the calendar year he/she turns age 26.

	CHOICE POS II \$20/\$30	CHOICE POS II \$20/\$35	QPOS \$20/\$35
IN-NETWORK BENEFITS			
Calendar Year Deductible Individual Family	None	\$200 \$400	None
Calendar Year Out-of-Pocket Maximum Individual Family	\$800 \$1,600	\$2,000 \$4,000	\$4,000 \$8,000
Member Coinsurance	10%	20%	None
PCP Required/Referral Required for Specialist Visit	No	No	Yes
Preventive Services	100% Covered	100% Covered	100% covered
PCP Office Visits	\$20 copay	\$20 copay	\$20 copay
Specialist Office Visit	\$30 copay	\$35 copay	\$35 copay
Diagnostic Lab & X-Ray	100% Covered in office, LabCorp, and Outpatient Facility	100% Covered in Office 80% Covered in LabCorp and Outpatient Facility	100% Covered in Office, LabCorp, and Outpatient Facility
Inpatient Hospital	100% covered	80% Covered	100% covered
Outpatient Surgery	100% covered	80% covered	100% covered
Ambulance	10% Coinsurance	20% Coinsurance	100% Covered
Emergency Room	\$100 copay	\$100 copay	80% covered after \$100 copay
Durable Medical Equipment	10% Coinsurance	20% Coinsurance	\$100 copay
Vision Exam Materials	\$10 copay* Refer to Aetna Vision Gold Plan	\$10 copay* Refer to Aetna Vision Gold Plan	\$10 copay* Refer to Aetna Vision Gold Plan
OUT-OF-NETWORK BENEFITS			
Calendar Year Deductible Individual Family	\$200 \$500	\$800 \$2,000	\$500 \$1,000
Calendar Year Out-of-Pocket Maximum Individual Family	\$5,000 \$12,500	\$5,000 \$12,500	\$4,000 \$8,000
Coinsurance (% Plan Pays)	70%**	60%**	60%**

^{*} Once every calendar year.

The above is an overview of your medical plan option and does not contain all of the benefits or limitations that may apply to the plan. Please see the plan document from the carrier for greater detail.

^{**} After deductible.

MAXIMIZE YOUR BENEFITS



Consider Your In-Network Options First

You will typically pay less for covered services when you visit providers that are part of your medical plan administrator's network. In-network providers agree to discounted fees. You are responsible only for any copay or deductible that is included in your plan design. To verify that your providers are in-network, call the number on the back of your ID cards.

Limit Your Use of Out-of-Network Providers

The percentage of costs covered for out-of-network care is based on the plan allowance. If the plan allowance is less than the provider's actual charge, the provider may bill you for the difference between these two amounts. **The amount you are required to pay out-of-pocket may be significant.**

CVS MINUTE CLINICS AND HEALTH HUBS*





CVS Minute Clinics offer a broad range of services to keep you and your family healthy. In addition to diagnosing and treating illnesses, injuries and skin conditions, they provide wellness services including vaccinations, physicals, screenings and monitoring for chronic conditions.

- Located in select CVS pharmacies and Target stores nationwide
- No appointments necessary
- Visits usually last less than 30 minutes
- · A record of your visit can be sent to your family doctor
- Open seven days a week with convenient evening hours

CVS Minute Clinic Practitioners Can:

- Treat common illnesses, like strep throat, ear ache, pink eye, and sinus infection
- Treat minor injuries and skin conditions
- Provide vaccinations such as flu, pneumonia, and hepatitis A/B
- Write prescriptions when appropriate
- Treat patients 18 months and older

HealthHUB.

CVS HealthHUB offers an expanded range of health services and wellness products for everyday care and chronic conditions. To learn more or to find a HealthHUB location, visit CVS.com/HealthHub.

Health Hubs Offer the Following Services:

- Nutritional Counseling
- Durable Medical Equipment
- A Health Concierge
- Enhanced Minute Clinic service offerings
- Enhanced Pharmacist counseling services
- Community programs and meeting spaces

^{*} Prior to visiting a Minute Clinic or Health Hub, please check with your medical insurer to find out which facilities in your area may be participating with your plan.

HOW TO FIND IN-NETWORK PROVIDERS

STEP 1: Visit Aetna's website at www.aetna.com

STEP 2: At the middle of the webpage on the right,

click on "Find a Doctor"

STEP 3: On the right side of the page under Guest,

select "Plan from an employer" (1st choice on

the list)

STEP 4: Under Continue as a Guest, enter your zip

code, city, state or county

STEP 5: You will be asked to "Select a Plan". Use the

key below to help you make the correct

decision.

If you are enrolling in an	DocFind Plan selection is
Aetna QPOS Plan	Category Heading: Aetna Standard Plan
(PCP Required)	Plan Name: QPOS
Aetna Choice POS II	Category Heading: Aetna Open Access Plans
Plans (POS II, NJEHP)	Plan Name: Aetna Choice POS II (Open Access)
Aetna Garden State Plan	Category Heading: Aetna Whole Health Plan Plan Name: (NJ) Aetna Whole Health New Jersey Choice POS II

Access information on the go with the Aetna app! Access ID cards and claims information, search for providers, refill prescriptions and more - directly from your smartphone or mobile device!



TELEMEDICINE

CVS HEALTH VIRTUAL CARE

YOUR CARE. YOUR WAY

Convenient and affordable virtual care wherever you need it.

From your therapy appointments to quick care, CVS Health Virtual Care has got you covered. You can use CVS Health Virtual Care in addition to your traditional network of providers. Access is included as part of your medical plan from Aetna, a CVS Health company because healthier happens together.

- **On-Demand Care:** Access 24/7 quick care for minor illnesses and injuries.
- Mental Health Services: Get counseling for things like anxiety and stress, plus psychiatry services for medication management.
- Extend to in-person care when needed at nearby
 MinuteClinic locations or in-network provider clinics.

Get Started Today With CVS Health Virtual Care

- Activate your virtual care benefit by visiting www.cvs.com/virtual-care
- Create an account and confirm your details
- Schedule a mental health appointment, or request on-demand care 24/7/365

Scan the QR Code to activate your virtual care benefit!





URGENT CARE CENTERS

Urgent Care Centers are on **average 80% less costly than** Emergency Rooms. Plus, the Urgent Care copay matches your Specialist copay!

Urgent care centers are a **convenient**, **cost-effective** medical care alternative when your primary care physician is unavailable. Typically no appointments are necessary at most urgent care centers, and hours extend beyond regular doctor's office hours making them available earlier and later than your primary care physician. Most are open **7 days a** week! To find an In-Network Urgent care center near you visit your medical carrier's website

Treatment at urgent care centers are useful and appropriate for medical services that are not an emergency and require additional treatment such as:

- Allergies
- Asthma
- Sore Throat
- Stiches
- Far Infection

Below is the emergency room cost compared against the urgent care cost for certain medical plans offered to employees of Lumberton:

Plans	Emergency Room Copay	Urgent Care Copay	Estimated Savings
NJEHP	\$125	\$15	\$110
GSP*	\$125	\$15	\$110
POS/PPO \$10	\$25	\$10	\$15
POS/PPO \$15	\$50	\$15	\$35

^{*} GSP is a network of NJ providers only. Out of state services will not be covered unless it is a true medical emergency.

If your medical need is more urgent or life-threatening, please go right to the Emergency Room



PRESCRIPTION DRUG OPTIONS





The following prescription drug plans are available to employees hired before 7/1/2020, through the SHIF. Benecard is the Pharmacy Benefit Manager. Please note, employees enrolled in the NJEHP prescription must also be enrolled in the NJEHP for medical coverage through the SHIF. **NOTE:** Dependents are eligible for benefits until the end of the calendar year that he/she turns 26.

	NJEHP & GSP*	RX \$3/\$10/\$10	RX \$7/\$16/\$35	RX \$3/\$18/\$46	RX \$7/\$21
RETAIL PHARMACY (U	IP TO A 30-DAY SUPPLY)				
Generic	\$5 Copay	\$3 copay	\$7 copay	\$3 copay	\$7 copay
Brand Without Generic Alternative	\$10 Copay	\$10 copay	\$16 copay	\$18 copay	\$21 copay
Brand With Generic Alternative	Member Pays Brand Copay Plus Difference in Cost Between Generic & Brand Drug	\$10 copay	\$35 copay (non-preferred)	\$46 copay (non-preferred)	\$21 copay
MAIL ORDER (UP TO A	90-DAY SUPPLY)				
Generic	\$10 Copay	\$5 copay	\$18 copay	\$5 copay	\$18 copay
Brand Without Generic Alternative	\$20 Copay	\$15 copay	\$40 copay	\$36 copay	\$52 copay
Brand With Generic Alternative	Member Pays Brand Copay Plus Difference in Cost Between Generic & Brand Drug	\$15 copay	\$88 copay (non-preferred)	\$92 copay (non-preferred)	\$52 copay

Save on Your Prescriptions

Using the mail order program for your maintenance medications will save you money. You will receive up to a 90-day (3-month) supply for two retail copays. In addition to the savings, your prescriptions will be delivered right to your home. Refilling your order is easy and can be done over the phone.

For more information or to begin using mail order, simply contact Benecard at 877.723.6005.



ADDITIONAL PRESCRIPTION PLAN INFORMATION

BENECARD

The following additional features will apply to some of the prescription plan offerings. Please refer to your Benecard Member Brochures posted on your BenePortal for further details.

- Mandatory Generics: Pharmacists must dispense the generic equivalent medication when available. If a member fills the brand name drug instead, they will be responsible for the brand drug copay plus the difference in cost between the brand and generic medication. (Applies to NJEHP and GSP).
- Step Therapy: Requires a trial with a lower cost medication before the member is given approval for a higher cost medication, when clinically appropriate. If a member purchases the higher cost medication without prior approval, then the medication will not be covered. (Applies to NJEHP and GSP).
- therapeutically appropriate medications. This list includes a majority of brand and generic medications, and also lists certain medications which will not be covered. The formulary updates throughout the year, and brand name drugs may move to non-formulary status if a generic version becomes available during the year. For the most up to date version, please visit the Benecard website using the following link:

www.benecardpbf.com/PBF



SAVE MONEY USING MAIL ORDER

BENECARD



HOW MUCH CAN YOU SAVE WHEN USING MAIL ORDER? COMPARE FOR YOURSELF...

	NJEHP & GSP	
RETAIL PHARMACY	MAIL ORDER	ANNUAL SAVINGS
Generic Copay \$5	Generic Copay \$10	_
Annual Cost (\$5 per month x 12 fills) \$60	Annual Cost (\$10 per order x 4 fills per year) \$40	\$20
Preferred Brand Copay \$10	Preferred Brand Copay \$20	A 4.0
Annual Cost (\$10 per month x 12 fills) \$120	Annual Cost (\$20 per order x 4 fills per year) \$80	\$40

HOW MUCH CAN YOU SAVE WHEN USING MAIL ORDER? COMPARE FOR YOURSELF...

	RX \$3/\$10/\$10	
RETAIL PHARMACY	MAIL ORDER	ANNUAL SAVINGS
Generic Copay \$3	Generic Copay \$5	_
Annual Cost (\$3 per month x 12 fills) \$36	Annual Cost (\$5 per order x 4 fills per year) \$20	\$16
Preferred Brand Copay \$10	Preferred Brand Copay \$15	000
Annual Cost (\$10 per month x 12 fills) \$120	Annual Cost (\$15 per order x 4 fills per year) \$60	\$60



CHAPTER 78 PERCENTAGE OF PREMIUM SCHEDULE

Pursuant to P.L. Chapter 78, all Lumberton Township Board of Education employees have a contribution arrangement for health benefits that is consistent with NJ State statute. Eligible employees and their eligible dependents share in the cost of healthcare premiums in accordance with the following schedule. The schedule is based upon employees' annual wages and coverage tier (Employee, Employee & Spouse/Child or Family coverage) and represents Year 4 of P.L. Chapter 78 contributions.

Please Note: Employees enrolled in the NJEHP or GSP for medical and prescription benefits will follow a new salary-based contribution schedule. Please refer to the following page for information regarding this contribution schedule.

CALADY DANOE	EMDI OVEE
SALARY RANGE (ANNUAL)	EMPLOYEE Only
<\$20,000	4.5%
20,000-24,999.99	5.5%
25,000-29,999.99	7.5%
30,000-34,999.99	10%
35,000—39,999.99	11%
40,000-44,999.99	12%
45,000—49,999.99	14%
50,000-54,999.99	20%
55,000-59,999.99	23%
60,000-64,999.99	27%
65,000—69,999.99	29%
70,000—74,999.99	32%
75,000—79,999.99	33%
80,000-94,999.99	34%
95,000 and over	35%

SALARY RANGE (ANNUAL)	EMPLOYEE & SPOUSE OR EMPLOYEE & CHILD(REN)
<\$25,000	3.5%
25,000-29,999.99	4.5%
30,000-34,999.99	6%
35,000-39,999.99	7%
40,000-44,999.99	8%
45,000-49,999.99	10%
50,000-54,999.99	15%
55,000-59,999.99	17%
60,000-64,999.99	21%
65,000—69,999.99	23%
70,000—74,999.99	26%
75,000—79,999.99	27%
80,000-84,999.99	28%
85,000—99,999.99	30%
100,000 and over	35%

SALARY RANGE (ANNUAL)	EMPLOYEE & Family
<\$25,000	3%
25,000-29,999.99	4%
30,000-34,999.99	5%
35,000—39,999.99	6%
40,000—44,999.99	7%
45,000-49,999.99	9%
50,000-54,999.99	12%
55,000-59,999.99	14%
60,000-64,999.99	17%
65,000-69,999.99	19%
70,000—74,999.99	22%
75,000—79,999.99	23%
80,000-84,999.99	24%
85,000-89,999.99	26%
90,000—94,999.99	28%
95,000—99,999.99	29%
100,000—109,999.99	32%
110,000 and over	35%



NJ EDUCATOR'S HEALTH PLAN (NJEHP)

CHAPTER 44 SALARY BASED CONTRIBUTION SCHEDULE

The Chapter 44 NJ Educators' Health Plan is tied to a new salary based employee contribution schedule, that applies only to medical and prescription benefits. It does not apply to any other coverage that may be offered by the district, such as dental coverage. For contributions for all other medical, prescription plans, or lines of coverage, please speak with your Business Office..

NJEHP Salary Based Contribution	Single	Parent + Child	Employee + Spouse	Family
\$0.00 - \$40,000	1.7%	2.2%	2.8%	3.3%
\$40,001 - \$50,000	1.9%	2.5%	3.3%	3.9%
\$50,001 - \$60,000	2.2%	2.8%	3.9%	4.4%
\$60,001 - \$70,000	2.5%	3.0%	4.4%	5.0%
\$70,001 - \$80,000	2.8%	3.3%	5.0%	5.5%
\$80,001 - \$90,000	3.0%	3.6%	5.5%	6.0%
\$90,001 - \$100,000	3.3%	3.9%	6.0%	6.6%
\$100,001 - \$125,000*	3.6%	4.4%	6.6%	7.2%

Please Note:

- Employees with salaries above \$125,000 shall pay at the \$125,000 rate.
- This is for the medical and prescription benefits ONLY under the NJEHP, and <u>DOES NOT</u> apply to any other benefits you may be enrolled in with the district.
- For additional assistance regarding your employee contributions, please refer to your Business Office.





GARDEN STATE PLAN (GSP)

CHAPTER 44 SALARY BASED CONTRIBUTION SCHEDULE

The Chapter 44 Garden State Plan is tied to a new salary based employee contribution schedule, that applies only to medical and prescription benefits. It does not apply to any other coverage that may be offered by the district, such as dental coverage. For contributions for all other medical, plans, prescription plans, or separate lines of coverage, please speak with your Business Office.

GSP Salary Based Contribution	Single	Parent + Child	Employee + Spouse	Family
\$0.00 - \$40,000	1.50%	1.50%	1.50%	1.65%
\$40,001 - \$50,000	1.50%	1.50%	1.65%	1.95%
\$50,001 - \$60,000	1.50%	1.50%	1.95%	2.20%
\$60,001 - \$70,000	1.50%	1.50%	2.20%	2.50%
\$70,001 - \$80,000	1.50%	1.65%	2.50%	2.75%
\$80,001 - \$90,000	1.50%	1.80%	2.75%	3.00%
\$90,001 - \$100,000	1.65%	1.95%	3.00%	3.30%
\$100,001 - \$125,000*	1.80%	2.20%	3.30%	3.60%

Please Note:

- Employees with salaries above \$125,000 shall pay at the \$125,000 rate.
- This is for the medical and prescription benefits ONLY under the GSP, and <u>DOES NOT</u> apply to any other benefits you may be enrolled in with the district.
- For additional assistance regarding your employee contributions, please refer to your Business Office.



DENTAL PLAN OPTIONS

DELTA DENTAL OF NEW JERSEY



Below is a summary of the dental plan options available to you and your family, administered by Delta Dental of New Jersey. For additional information regarding your dental contributions, please refer to your Business Office for assistance. **NOTE:** Dependent children are eligible for benefits from age 2 to age 19, or up to age 23 for full-time students enrolled in an accredited school, college, or university..

PPO PLUS PREMIER PLAN

IN-NETWORK BENEFITS	
Calendar Year Deductible Individual Family	\$0 \$0
Calendar Year Maximum (per patient)	\$2,000
Preventive & Diagnostic Services Exams, Cleanings, Bitewing X-rays (each twice in a calendar year) Fluoride Treatment (Once in a calendar year, children to age 19)	100% 100%
Basic Services Fillings, Extractions Endodontics (root canal) Periodontics, Oral Surgery	100% 100% 100%
Major Services Crowns, Gold Restorations Bridgework Full and Partial Dentures	100% 50% 50%
Orthodontic Benefits Full Comprehensive Treatment (Children Only) Lifetime Maximum (per patient)	50% \$1,000

This is for illustrative purposes only. For complete listing of covered services, plan limitations, deductibles and maximums, please consult your benefit booklet or contact Delta Dental's service department at 800-452-9310.

Find a Dental Provider

- Visit www.deltadentalnj.com
- One there, you may sign into your account or continue as a guest.
- Choose a plan to start (i.e. Delta Dental PPO Plus Premier Plan)
- Click **Search by Current Location** and enter **Zip Code** to limit options



DENTAL PLAN ENHANCEMENTS

DELTA DENTAL OF NEW JERSEY



Oral Health Enhancement Program

- If you had periodontal surgery or scaling and root planing in the past while covered by Delta Dental of New Jersey, you should be automatically covered! You may have to submit additional information if the procedure was more than two years ago.
- Eligible members who have been previously treated for periodontal (gum) disease will receive up to four dental cleanings and/or periodontal maintenance procedures per benefit period.
- If you have not had Delta Dental of New Jersey benefits in the past or are newly eligible; You need to submit evidence to us of previous treatment to ensure your claims are processed under Oral Health Enhancement Option provisions. Information about how to submit previous treatment evidence is available at www.deltadentalnj.com. Click "Members" then "Oral Health Enhancement" under "Additional Resources".

Carryover Max Benefit

The carryover max benefit allows you to carry over part of your unused standard annual maximum in one year to increase your benefits for the following year and beyond.

BENEPORTAL

ONLINE BENEFITS RESOURCE

At Lumberton Board of Education, you have access to a full-range of valuable employee benefit programs. With BenePortal, you and your dependents can review your current employee benefit plan options online, 24 hours a day, 7 days a week!

Use BenePortal to access benefit plan documents, insurance carrier contacts, forms, guides, links and other applicable benefit materials.

Secure Online Access

Simply go to **www.lumbertonboebenefits.com** to access your benefits information today!

Mobile-Friendly Site

BenePortal is mobile-optimized, making it easy to view your benefits on-the-go. Simply bookmark the site in your phone's browser or save it to your home screen for quick access.

Other Features Include:

- Plan summaries
- Wellness resources
- Carrier contacts
- Downloadable forms
- GoodRx
- Benefit Perks Discount Program
- And more!



GUARDIAN NURSES

STRUGGLING WITH A HEALTHCARE ISSUE?

For Your Benefit...

Our Mobile Care Coordinator RNx, backed by a team of registered nurses, are ready to respond whenever you are struggling with a healthcare issue. They can:

- Visit you at home or in the hospital to assess your care needs.
- Be your guide, coach and advocate for any healthcare issue
- Make appointments so you can be seen as quickly as possible.
- Go with you to see doctors, to ask questions and to get answers.
- Identify providers for all care needs and second opinions.
- Get things you need such as healthcare equipment.
- Provide decision support when you are thinking about treatments or surgery.
- Explain a new diagnosis to help you make informed decisions.

Who is Eligible?

The services of our Mobile Care Coordinator Nurses are available to members of the Schools Health Insurance Fund (SHIF) and their covered dependents. All services are free and confidential. "

Contact Information

To request help from our Mobile Care Coordinators or the team at Guardian Nurses, call **215.836.0260** or toll-free **888.836.0260**.



BENEFITS MEMBER ADVOCACY CENTER

CONNER STRONG & BUCKELEW

Don't get lost in a sea of benefits confusion! With just one call or click, the Benefits MAC can help guide the way!

The Benefits Member Advocacy Center (Benefits MAC), provided by Conner Strong & Buckelew, can help you and your covered family members navigate your benefits. Contact the Benefits MAC to:

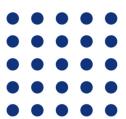
- Find answers to your benefits questions
- Search for participating network providers
- Clarify information received from a provider or your insurance company such as a bill, claim, or explanation of benefits (EOB)
- Rescue you from a benefits problem you've been working on
- Discover all that your benefit plans have to offer

Member Advocates are available Monday through Friday, 8:30am to 5:00pm (Eastern Time). After hours, you will be able to leave a message with a live representative and receive a response by phone or email during business hours within 24 to 48 hours of your inquiry.

Contact the Benefits MAC

You may contact the Benefits Member Advocacy Center in any of the following ways:

- Via phone: 800.563.9929, Monday through Friday, 8:30 am to 5:00 pm (Eastern Time)
- Via the web: www.connerstrong.com/memberadvocacy
- Via email: cssteam@connerstrong.com





VALUE-ADDED SERVICES

CONNER STRONG & BUCKELEW

Benefit Perks

This feature provides a broad array of services, discounts and special deals on consumer services, travel services, recreational services and much more. Simply access the site and register and you can begin using it now.

Learn more at: https://connerstrong.corestream.com

HUSK Wellness

HUSK offers discounts at more than 10,000 gyms nationwide. Members also get exclusive savings on home health and fitness products from top brands nationwide!

Learn more about HUSK by visiting www.huskwellness.com/connerstrong

GoodRX

Compare drug prices at local and mail-order pharmacies and discover free coupons and savings tips.

Learn more at: https://connerstrong.goodrx.com

HealthyLearn

This resource covers over a thousand health and wellness topics in a simple, straight-forward manner. The HealthyLearn On-Demand Library features all the health information you need to be well and stay well.

Learn more at: www.healthylearn.com/connerstrong



HOSPITAL SAFETY GRADE

LEAPFROG

Know Where to Get Care!

Before you decide which hospital to use for elective care; whether in your network or not, it is advisable to check the hospital's quality rating. You can do so by checking their Leapfrog Group ("Leapfrog") score.

Leapfrog is an independent, national not-for-profit organization founded more than a decade ago by the nation's leading employers and private health care experts. They strive to make giant "leaps" forward in the safety, quality, and affordability of health care in the U.S. by promoting transparency through our data collection and public reporting initiatives.

With their goal of saving lives by reducing errors, injuries, accidents, and infections, the Leapfrog Group focuses on measuring and publicly reporting hospital performance through the annual Leapfrog Hospital Survey.

The survey is a trusted, transparent, and evidence-based national tool in which over 2,300 hospitals voluntarily participate free of charge. The Leapfrog Group advocates for public access to quality and safety data from all U.S. hospitals. Their letter-based rating system (i.e., A, B, C, etc.) makes it easy for consumers and patients to make informed decisions about their quality and ability to deliver care effectively.

Getting Started

Patients can check with their physician with questions about hospital quality. The service is free. To look up all Hospital Quality scores nationally, visit www.hospitalsafetygrade.org.



QUESTIONS? WHO TO CALL...

The resources identified below are available to assist you with any questions that you may have about your benefits.

QUESTIONS REGARDING	CONTACT	PHONE NUMBER	WEBSITE/EMAIL	
Benefit Inquiries	Please contact your school district's Business Office			
Medical Benefits Benefit questions, claims, locating	Aetna	800-370-4526	www.aetna.com	
Telemedicine	CVS Virtual Care	866-211-5678	www.cvs.com/virtual-care	
Nurse Advocacy	Guardian Nurses	888-836-0260	www.guardiannurses.com	
Prescription Benefits Benefit questions, claims, locating a provider, printing new ID cards	Benecard	877-723-6005	www.benecard.com/pbf	
Dental Benefits Benefit questions, claims, locating a provider, printing new ID cards	Delta Dental	800-452-9310	www.deltadentalnj.com	
Plan Options, Benefit Questions and Claims Issues	Benefits Member Advocacy Center	800-563-9929	www.connerstrong.com/memberadvocacy	



INSURANCE MARKETPLACE NOTICE

PART A: General Information

When key parts of the health care law take effect in 2014, there will be a new way to buy health insurance: the Health Insurance Marketplace. To assist you as you evaluate options for you and your family, this notice provides some basic information about the new Marketplace and employment-based health coverage offered by your employer.

What is the Health Insurance Marketplace?

The Marketplace is designed to help you find health insurance that meets your needs and fits your budget. The Marketplace offers "one-stop shopping" to find and compare private health insurance options. You may also be eligible for a new kind of tax credit that lowers your monthly premium right away. Open enrollment for health insurance coverage through the Marketplace begins in October 2013 for coverage starting as early as January 1, 2014.

Can I Save Money on my Health Insurance Premiums in the Marketplace?

You may qualify to save money and lower your monthly premium, but only if your employer does not offer coverage, or offers coverage that doesn't meet certain standards. The savings on your premium that you're eligible for depends on your household income.

Does Employer Health Coverage Affect Eligibility for Premium Savings through the Marketplace?

Yes. If you have an offer of health coverage from your employer that meets certain standards, you will not be eligible for a tax credit through the Marketplace and may wish to enroll in your employer's health plan. However, you may be eligible for a tax credit that lowers your monthly premium, or a reduction in certain cost-sharing if your employer does not offer coverage to you at all or does not offer coverage that meets certain standards. If the cost of a plan from your employer that would cover you (and not any other members of your family) is more than 9.5% of your household income for the year, or if the coverage your employer provides does not meet the "minimum value" standard set by the Affordable Care Act, you may be eligible for a tax credit.¹

Note: If you purchase a health plan through the Marketplace instead of accepting health coverage offered by your employer, then you may lose the employer contribution (if any) to the employer-offered coverage. Also, this employer contribution -as well as your employee contribution to employer-offered coverage - is often excluded from income for Federal and State income tax purposes. Your payments for coverage through the Marketplace are made on an after-tax basis.

How Can I Get More Information?

For more information about your coverage offered by your employer, please check your summary plan description or contact Betsy Zeng, Payroll/Benefits, 609-267-1406, ext. 6907. The Marketplace can help you evaluate your coverage options, including your eligibility for coverage through the Marketplace and its cost. Please visit HealthCare.gov for more information, including an online application for health insurance coverage and contact information for a Health Insurance Marketplace in your area.

¹An employer-sponsored health plan meets the "minimum value standard" if the plan's share of the total allowed benefit costs covered by the plan is no less than 60 percent of such costs.

INSURANCE MARKETPLACE NOTICE CONT.

PART B: Information about Health Coverage Offered by Your Employer

This section contains information about any health coverage offered by your employer. If you decide to complete an application for coverage in the Market-place, you will be asked to provide this information. This information is numbered to correspond to the Marketplace application.

3. Employer Name		4. Employer Identificati	on Number (EIN)	
Lumberton Township Board of Education		21-6000244		
5. Employer Address		6. Employer phone number		
33 Municipal Drive		609-267-1406		
7. City	8. State		9. Zip Code	
Lumberton	NJ		08048	
10. Who can we contact about employee health coverage at this job?				
Betsy Zeng, Payroll/Benefits				
11. Phone number (if different from above)	12. Email address			
609-267-1406 ext. 6907	BZ@lumberton.k12.nj.us			

Here is some basic information about heath coverage offered by this employer:

- As your employer, we offer a health plan to:
 - Some employees. Eligible employees are: All full-time contracted staff working at least 30 hours per week. Support staff employees working at least 30 hours per week.
- With respect to dependents:
 - We do offer coverage. Eligible dependents are: Dependent children to the end of the year they turn 26. Spouse, Civil Union, or Domestic Partner.
- This coverage meets the minimum value standard, and the cost of this coverage to you is intended to be affordable, based on employee wages.

If you decide to shop for coverage in the Marketplace, HeathCare.gov will guide you through the process. Here's the employer information you'll enter when you visit HealthCare.gov to find out if you can get a tax credit to lower your monthly premiums.

^{**} Even if your employer intends your coverage to be affordable, you may still be eligible for a premium discount through the Marketplace. The Marketplace will use your household income, along with other factors, to determine whether you may be eligible for a premium discount. If, for example, your wages vary week to week (perhaps you are an hourly employee or you work on a commission bases), if you are newly employed mid-year, of if you have other income losses, you may still qualify for the premium discount.

Notice Regarding Special Enrollment

Loss of other Coverage (excluding Medicaid or a State Children's Health Insurance Program). If you decline enrollment for yourself or for an eligible dependent (including your spouse) while other health insurance or group health plan coverage (including COBRA coverage) is in effect, you may be able to enroll yourself and your dependents in this plan if you or your dependents lose eligibility for that other coverage (or if the Company stops contributing toward your or your dependents' other coverage). However, you must request enrollment within [30 days or any longer period that applies under the plan] after your or your dependents' other coverage ends (or after the employer stops contributing toward the other coverage). If you request a change within the applicable timeframe, coverage will be effective the first of the month following your request for enrollment. When the loss of other coverage is COBRA coverage, then the entire COBRA period must be exhausted in order for the individual to have another special enrollment right under the Plan. Generally, exhaustion means that COBRA coverage ends for a reason other than the failure to pay COBRA premiums or for cause (that is, submission of a fraudulent claim). This means that the entire 18-, 29-, or 36-month COBRA period usually must be completed in order to trigger a special enrollment for loss of other coverage. Coverage will be effective the first of the month following your request for enrollment.

Loss of coverage for Medicaid or a State Children's Health Insurance Program.

If you decline enrollment for yourself or for an eligible dependent (including your spouse) while Medicaid coverage or coverage under a state children's health insurance program is in effect, you may be able to enroll yourself and your dependents in this plan if you or your dependents lose eligibility for that other coverage. However, you must request enrollment within 60 days after your or your dependents' coverage ends under Medicaid or a state children's health insurance program (CHIP). If you request a change within the applicable timeframe, coverage will be effective the first of the month following your request for enrollment.

New dependent by marriage, birth, adoption, or placement for adoption. If you have a new dependent as a result of marriage, birth, adoption, or placement for adoption, you may be able to enroll yourself and your new dependents. However, you must request enrollment within [30 days or any longer period that applies under the plan] after the marriage, birth, adoption, or placement for adoption. If you request a change within the applicable timeframe, coverage will be effective the date of birth, adoption or placement for adoption.

Eligibility for Medicaid or a State Children's Health Insurance Program. If you or your dependents (including your spouse) become eligible for a state premium assistance subsidy from Medicaid or through a state children's health insurance program (CHIP) with respect to coverage under this plan, you may be able to enroll yourself and your dependents in this plan. However, you must request enrollment within 60 days after your or your dependents' determination of eligibility for such assistance. If you request a change within the applicable timeframe, coverage will be effective the first of the month following your request for enrollment.

To request special enrollment or obtain more information, contact the Benefits Department.

Availability of Summary Health Information

As an employee, the health benefits available to you represent a significant component of your compensation package. They also provide important protection for you and your family in the case of illness or injury.

Lumberton offers a series of health coverage options. You should receive a Summary of Benefits and Coverage (SBC) during Open Enrollment. These

documents summarize important information about all health coverage options in a standard format. Please contact Human Resources if you have any questions or did not receive your SBC.

Important Notice About Your Prescription Drug Coverage and Medicare

Please read this notice carefully and keep it where you can find it. This Notice has information about your current prescription drug coverage with the Lumberton Township Board of Education Health Benefit Plan and about your options under Medicare's prescription drug coverage. This information can help you decide whether or not you want to join a Medicare drug plan. If you are considering joining, you should compare your current coverage, including which drugs are covered at what cost, with the coverage and costs of the plans offering Medicare prescription drug coverage in your area. Information about where you can get help to make decisions about your prescription drug coverage is at the end of this Notice.

There are two important things you need to know about your current coverage and Medicare's prescription drug coverage:

- Medicare prescription drug coverage became available in 2006 to everyone
 with Medicare. You can get this coverage if you join a Medicare Prescription
 Drug Plan or join a Medicare Advantage Plan (like an HMO or PPO) that offers
 prescription drug coverage. All Medicare drug plans provide at least a
 standard level of coverage set by Medicare. Some plans may also offer more
 coverage for a higher monthly premium.
- Lumberton Township Board of Education has determined that the prescription
 drug coverage offered by the Lumberton Township Board of Education Health
 Benefit Plan is, on average for all plan participants, expected to pay out as
 much as standard Medicare prescription drug coverage pays and is therefore
 considered Creditable Coverage. Because your existing coverage is Creditable
 Coverage, you can keep this coverage and not pay a higher premium (a
 penalty) if you later decide to join a Medicare drug plan.

When Can You Join A Medicare Drug Plan?

You can join a Medicare drug plan when you first become eligible for Medicare and each year from October 15th to December 7th.

However, if you lose your current creditable prescription drug coverage through no fault of your own, you will also be eligible for a two (2) month Special Enrollment Period (SEP) to join a Medicare drug plan.

What Happens To Your Current Coverage If You Decide to Join A Medicare Drug Plan?

If you decide to join a Medicare drug plan, your current Lumberton Township Board of Education coverage will not be affected. If you elect Medicare Part D coverage, the Lumberton Township Board of Education coverage will coordinate with Part D coverage.

If you do decide to join a Medicare drug plan and drop your current Lumberton

Township Board of Education coverage, be aware that you and your dependents will not be able to get this coverage back during the year without a qualifying event.

When Will You Pay A Higher Premium (Penalty) To Join A Medicare Drug Plan?

You should also know that if you drop or lose your current coverage with Lumberton Township Board of Education and don't join a Medicare drug plan within 63 continuous days after your current coverage ends, you may pay a higher premium (a penalty) to join a Medicare drug plan later.

If you go 63 continuous days or longer without creditable prescription drug coverage, your monthly premium may go up by at least 1% of the Medicare base

beneficiary premium per month for every month that you did not have that coverage. For example, if you go nineteen months without creditable coverage, your premium may consistently be at least 19% higher than the Medicare base beneficiary premium. You may have to pay this higher premium (a penalty) as long as you have Medicare prescription drug coverage. In addition, you may have to wait until the following October to join.

For More Information About This Notice Or Your Current Prescription Drug Coverage

Contact Human Resources. Please note that you will get this notice each year. You also may request a copy of this notice at any time.

More Information About Your Options Under Medicare the Prescription Drug Coverage

More detailed information about Medicare plans that offer prescription drug coverage is in the "Medicare & You" handbook. You'll get a copy of the handbook in the mail every year from Medicare. You may also be contacted directly by Medicare drug plans.

For more information about Medicare prescription drug coverage:

- Visit www.medicare.gov
- Call your State Health Insurance Assistance Program (see the inside back cover
 - of your copy of the "Medicare & You" handbook for their telephone number) for personalized help
- Call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.

If you have limited income and resources, extra help paying for Medicare prescription drug coverage is available. For information about this extra help, visit Social Security on the web at www.socialsecurity.gov, or call them at 1-800-772-1213 TTY users should call 1-800-325-0778.

REMEMBER: Keep this Creditable Coverage notice. If you decide to join one of the Medicare drug plans, you may be required to provide a copy of this notice when you join to show whether or not you have maintained creditable coverage and, therefore, whether or not you are required to pay a higher premium (a penalty).

Date: April 2025

Sender: Lumberton Township Board of Education

Contact: Business Office
Address: 33 Municipal Drive
Lumberton, NJ 08048

(000) 007 1/00

Phone Number: (609) 267-1406

Newborns' and Mothers' Health Protection Act

Group health plans and health insurance issuers generally may not, under Federal law, restrict benefits for any hospital length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a vaginal delivery, or less than 96 hours following a cesarean section. However, Federal law generally does not prohibit the mother's or newborn's attending provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours as applicable). In any case, plans and issuers may not, under Federal law, require that a provider obtain authorization from the plan or the issuer for prescribing a length of stay not in excess of 48 hours (or 96 hours).

Women's Health and Cancer Rights Act

If you have had or are going to have a mastectomy, you may be entitled to certain benefits under the Women's Health and Cancer Rights Act of 1998 (WHCRA). For

individuals receiving mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and the patient, for-

- all stages of reconstruction of the breast on which the mastectomy was performed;
- surgery and reconstruction of the other breast to produce a symmetrical appearance; prostheses; and
- treatment of physical complications of the mastectomy, including lymphedema.

These benefits will be provided subject to the same deductibles and coinsurance applicable to other benefits. If you have any questions, please speak with Human Resources.

Premium Assistance Under Medicaid and the Children's Health Insurance Program (CHIP)

If you or your children are eligible for Medicaid or CHIP and you're eligible for health coverage from your employer, your state may have a premium assistance program that can help pay for coverage, using funds from their Medicaid or CHIP programs. If you or your children aren't eligible for Medicaid or CHIP, you won't be eligible for these premium assistance programs but you may be able to buy individual insurance coverage through the Health Insurance Marketplace. For more information, visit www.healthcare.gov.

If you or your dependents are already enrolled in Medicaid or CHIP and you live in a State listed below, contact your State Medicaid or CHIP office to find out if premium assistance is available.

If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, contact your State Medicaid or CHIP office or dial 1-877-KIDS NOW or www.insurekidsnow.gov to find out how to apply. If you qualify, ask your state if it has a program that might help you pay the premiums for an employer-sponsored plan.

If you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must allow you to enroll in your employer plan if you aren't already enrolled. This is called a "special enrollment" opportunity, and you must request coverage within 60 days of being determined eligible for premium assistance. If you have questions about enrolling in your employer plan, contact the Department of Labor at www.askebsa.dol.gov or call 1-866-444-EBSA (3272).

If you live in one of the following states, you may be eligible for assistance paying your employer health plan premiums. The following list of states is current as of March 17, 2025. Contact your State for more information on eligibility –

ALABAMA - Medicaid Website: http://myalhipp.com/ Phone: 1-855-692-5447

ALASKA - Medicaid

The AK Health Insurance Premium Payment Program

Website: http://myakhipp.com/

Phone: 1-866-251-4861

Email: CustomerService@MyAKHIPP.com

Medicaid Eligibility: https://health.alaska.gov/dpa/Pages/default.aspx

ARKANSAS - Medicaid Website: http://myarhipp.com/

Phone: 1-855-MyARHIPP (855-692-7447)

CALIFORNIA - Medicaid

Health Insurance Premium Payment (HIPP) Program Website: http://dhcs.ca.gov/

hipp

Phone: 916-445-8322 Fax: 916-440-5676 Email: hipp@dhcs.ca.gov

 ${\tt COLORADO-Health\ First\ Colorado\ (Colorado\ 's\ Medicaid\ Program)\ \&\ Child\ Health\ Plan}$

Plus (CHP+)

Health First Colorado Website: https://www.healthfirstcolorado.com/

Health First Colorado Member Contact Center:

1-800-221-3943/State Relay 711

CHP+: https://hcpf.colorado.gov/child-health-plan-plus CHP+ Customer Service: 1-800-359-1991/State Relay 711

Health Insurance Buy-In Program (HIBI): https://www.mycohibi.com/

HIBI Customer Service: 1-855-692-6442

FLORIDA - Medicaid

Website: https://www.flmedicaidtplrecovery.com/flmedicaidtplrecovery.com/hipp/

ndex.html

Phone: 1-877-357-3268

GEORGIA - Medicaid

GA HIPP Website: https://medicaid.georgia.gov/health-insurance-premium-

payment-program-hipp Phone: 678-564-1162, Press 1

GA CHIPRA Website: https://medicaid.georgia.gov/programs/third-party-liability/

childrens-health-insurance-program-reauthorization-act-2009-chipra

Phone: 678-564-1162, Press 2

INDIANA - Medicaid

Health Insurance Premium Payment Program

All other Medicaid

Website: https://www.in.gov/medicaid/

http://www.in.gov/fssa/dfr/

Family and Social Services Administration

Phone: 1-800-403-0864

Member Services Phone: 1-800-457-4584

IOWA - Medicaid and CHIP (Hawki)

Medicaid Website:

https://hhs.iowa.gov/programs/welcome-iowa-medicaid

Medicaid Phone: 1-800-338-8366

Hawki Website:

https://hhs.iowa.gov/programs/welcome-iowa-medicaid/iowa-health-link/hawki

Hawki Phone: 1-800-257-8563

HIPP Website: https://hhs.iowa.gov/programs/welcome-iowa-medicaid/fee-

service/hipp

HIPP Phone: 1-888-346-9562

KANSAS - Medicaid

Website: https://www.kancare.ks.gov/

Phone: 1-800-792-4884 HIPP Phone: 1-800-967-4660 KENTUCKY - Medicaid

Kentucky Integrated Health Insurance Premium Payment Program (KI-HIPP)

Website:

https://chfs.ky.gov/agencies/dms/member/Pages/kihipp.aspx

Phone: 1-855-459-6328 Email: KIHIPP.PROGRAM@ky.gov KCHIP Website: https://kynect.ky.gov

Phone: 1-877-524-4718

Kentucky Medicaid Website: https://chfs.ky.gov/agencies/dms

LOUISIANA - Medicaid

Website: www.medicaid.la.gov or www.ldh.la.gov/lahipp

Phone: 1-888-342-6207 (Medicaid hotline) or 1-855-618-5488 (LaHIPP)

MAINE - Medicaid

Enrollment Website: https://www.mymaineconnection.gov/benefits/s/?

language=en_US Phone: 1-800-442-6003 TTY: Maine relay 711

Private Health Insurance Premium Webpage: https://www.maine.gov/dhhs/ofi/applications-forms

Phone: 1-800-977-6740 TTY: Maine relay 711

MASSACHUSETTS - Medicaid and CHIP

Website: https://www.mass.gov/masshealth/pa

Phone: 1-800-862-4840

TTY: 711

Email: masspremassistance@accenture.com

MINNESOTA - Medicaid

Website:

https://mn.gov/dhs/health-care-coverage/

Phone: 1-800-657-3672

MISSOURI - Medicaid

Website: http://www.dss.mo.gov/mhd/participants/pages/hipp.htm

Phone: 573-751-2005

MONTANA - Medicaid

Website: http://dphhs.mt.gov/MontanaHealthcarePrograms/HIPP

Phone: 1-800-694-3084 Email: HHSHIPPProgram@mt.gov

NEBRASKA - Medicaid

Website: http://www.ACCESSNebraska.ne.gov

Phone: 1-855-632-7633 Lincoln: 402-473-7000 Omaha: 402-595-1178

NEVADA - Medicaid

Medicaid Website: http://dhcfp.nv.gov Medicaid Phone: 1-800-992-0900

NEW HAMPSHIRE - Medicaid

Website: https://www.dhhs.nh.gov/programs-services/medicaid/health-insurance-

premium-program Phone: 603-271-5218

Toll free number for the HIPP program: 1-800-852-3345, ext. 15218

Email: DHHS.ThirdPartyLiabi@dhhs.nh.gov

NEW JERSEY - Medicaid and CHIP

Medicaid Website: http://www.state.nj.us/humanservices/dmahs/clients/medicaid/

Phone: 1-800-356-1561

CHIP Premium Assistance Phone: 609-631-2392 CHIP Website: http://www.njfamilycare.org/index.html

CHIP Phone: 1-800-701-0710 (TTY: 711)

NEW YORK - Medicaid

Website: https://www.health.ny.gov/health_care/medicaid/

Phone: 1-800-541-2831

NORTH CAROLINA - Medicaid

Website: https://medicaid.ncdhhs.gov/

Phone: 919-855-4100

NORTH DAKOTA - Medicaid

Website: https://www.hhs.nd.gov/healthcare

Phone: 1-844-854-4825

OKLAHOMA - Medicaid and CHIP

Website: http://www.insureoklahoma.org

Phone: 1-888-365-3742

OREGON - Medicaid and CHIP

Website: http://healthcare.oregon.gov/Pages/index.aspx

Phone: 1-800-699-9075

PENNSYLVANIA - Medicaid and CHIP

Website: https://www.pa.gov/en/services/dhs/apply-for-medicaid-health-

insurance-premium-payment-program-hipp.html

Phone: 1-800-692-7462

CHIP Website: https://www.dhs.pa.gov/CHIP/Pages/CHIP.aspx

CHIP Phone: 1-800-986-KIDS (5437)

RHODE ISLAND - Medicaid and CHIP Website: http://www.eohhs.ri.gov/

Phone: 1-855-697-4347, or 401-462-0311 (Direct RIte Share Line)

SOUTH CAROLINA - Medicaid Website: https://www.scdhhs.gov

Phone: 1-888-549-0820

SOUTH DAKOTA - Medicaid Website: http://dss.sd.gov Phone: 1-888-828-0059

TEXAS - Medicaid

Website: https://www.hhs.texas.gov/services/financial/health-insurance-premium-

payment-hipp-program Phone: 1-800-440-0493 UTAH - Medicaid and CHIP

Utah's Premium Partnership for Health Insurance (UPP) Website: https://

medicaid.utah.gov/upp/ Email: upp@utah.gov Phone: 1-888-222-2542

Adult Expansion Website: https://medicaid.utah.gov/expansion/

Utah Medicaid Buyout Program Website: https://medicaid.utah.gov/buyout-

program/

CHIP Website: https://chip.utah.gov/

VERMONT- Medicaid

Website: https://dvha.vermont.gov/members/medicaid/hipp-program

Phone: 1-800-250-8427

VIRGINIA - Medicaid and CHIP

Website: https://coverva.dmas.virginia.gov/learn/premium-assistance/famis-select and https://coverva.dmas.virginia.gov/learn/premium-assistance/health-

insurance-premium-payment-hipp-programs Medicaid/CHIP Phone: 1-800-432-5924

WISCONSIN - Medicaid and CHIP

Website:

https://www.dhs.wisconsin.gov/badgercareplus/p-10095.htm

Phone: 1-800-362-3002

WYOMING - Medicaid

Website: https://health.wyo.gov/healthcarefin/medicaid/programs-and-eligibility/

Phone: 1-800-251-1269

To see if any other states have added a premium assistance program since March 17, 2025, or for more information on special enrollment rights, contact either:

U.S. Department of Labor

Employee Benefits Security Administration

www.dol.gov/agencies/ebsa 1-866-444-EBSA (3272)

U.S. Department of Health and Human Services

Centers for Medicare & Medicaid Services

www.cms.hhs.gov

1-877-267-2323, Menu Option 4, Ext. 61565



DISCLAIMER: This guide provides a brief summary of the benefits available to you. Lumberton Board of Education reserves the right to modify, amend, suspend, or terminate any plan, at any time, and for any reason without prior notification. The plans described in this guide are governed by insurance contracts and plan documents, which are available for examination upon request. We have attempted to make the explanations of the plans in this guide as accurate as possible. However, should there be a discrepancy between this guide and the provisions of the insurance contracts or plan documents will govern.